

Notification Date: April 14, 2023 Effective Date: May 10, 2023

Neuron-Specific Enolase, Serum

Test ID: NSE

Explanation:

Sample stability and required specimen changes listed below.

Current Specimen Required		
Collection Container/Tube:		
Preferred:	Red top	
Acceptable:	Serum gel	
Submission Container/Tube:	Plastic screw-top aliquot tube	
Specimen Volume:	0.5 mL	

New Specimen Required		
Collection Container/Tube:		
Preferred:	Serum Gel	
Acceptable:	Red top	
Submission Container/Tube:	Plastic vial	
Specimen Volume:	0.5 mL	
Collection Instructions:	Centrifuge and aliquot serum into a plastic vial.	

Current Specimen Stability			
Specimen	Temperature	Time	
Serum	Refrigerated (preferred)	7 days	
	Ambient	7 days	

New Specimen Stability			
Specimen	Temperature	Time	
Serum	Refrigerated (preferred)	7 days	
	Ambient	5 days	

Questions

Contact Bethany Feind, Laboratory Resource Coordinator at 800-533-1710.